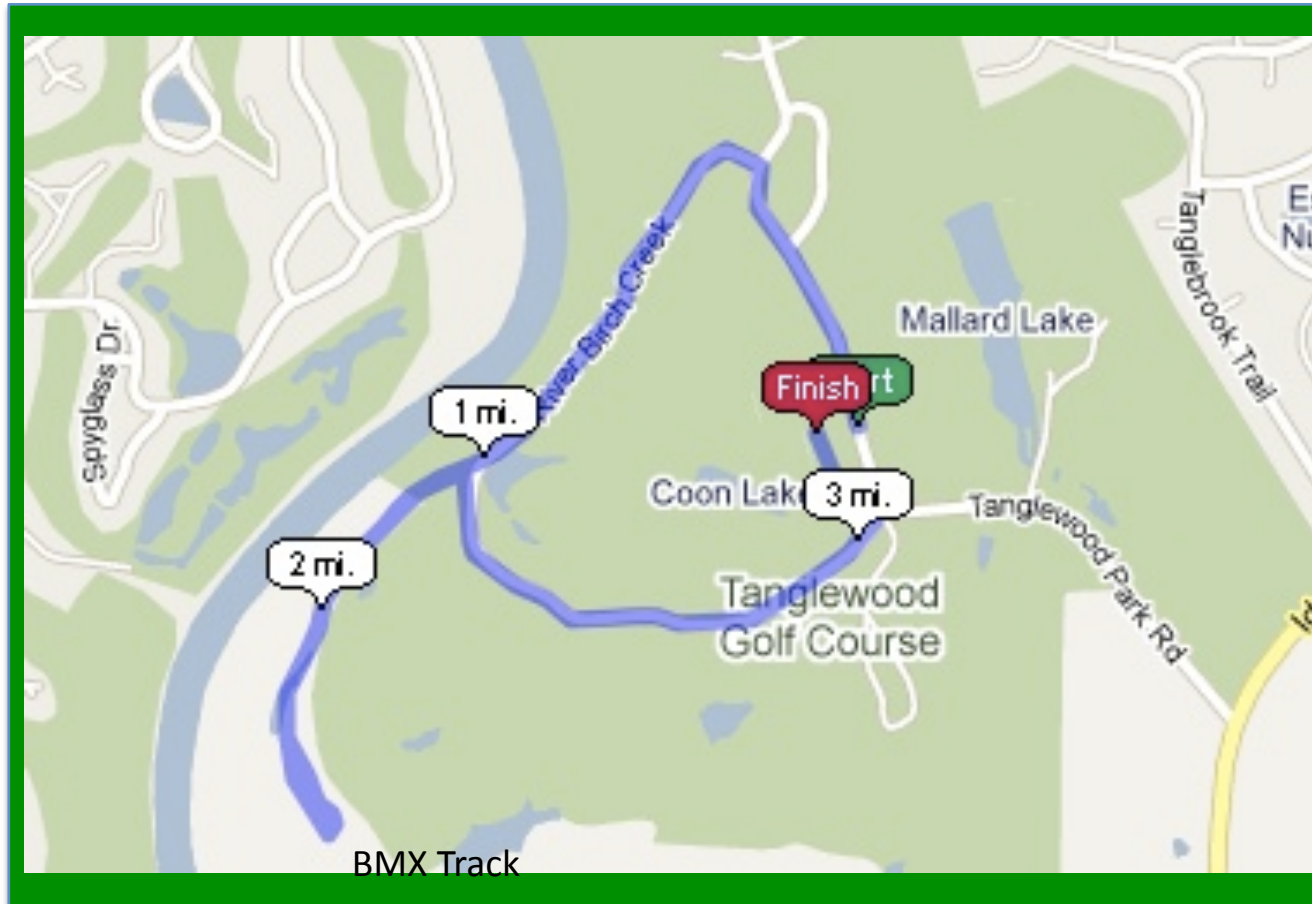




RUN COURSE MAP

TANGLEWOOD PARK



- Leave from pool/ transition area and make left
- Turn left in front of Manor House
- Bear right on gravel road to BMX track
- Out and back on gravel road (turnaround at BMX track)
- Make right at end of gravel road back onto pavement
- Pass red barn
- Make left after Train to finish line

THANK YOU TO **FLEET FEET** RUN COURSE SPONSOR
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